

# THE NEST LIST

AN EASY TO READ Q&A TO HELP YOU DECIDE  
IF A SPIRIT NEST IS YOUR NEXT BEST DECISION

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|----|--|--|---|
| 01 | DO I HAVE MY OWN ROOM AND BATHROOM AT MY SPIRIT NEST?                        | YES<br><input checked="" type="checkbox"/> | NO<br><input type="checkbox"/>            |
| 02 | DOES MY NEST SPACE INCLUDE SPACES TO WRITE + MY OWN WRITING DESK?            | YES<br><input checked="" type="checkbox"/> | NO<br><input type="checkbox"/>            |
| 03 | IS THERE AN OUTDOOR AREA TO WALK AROUND & GET INSPIRED, AS WELL AS WRITE IN? | YES<br><input checked="" type="checkbox"/> | NO<br><input type="checkbox"/>            |
| 04 | ARE MOST MEALS AND FOOD INCLUDED IN THE SPIRIT NEST?                         | YES<br><input checked="" type="checkbox"/> | NO<br><input type="checkbox"/>            |
| 05 | IS THERE A COMBINATION OF MENTORED GUIDANCE AS WELL AS PRIVATE WRITING TIME? | YES<br><input checked="" type="checkbox"/> | NO<br><input type="checkbox"/>            |
| 06 | ARE FLIGHTS INCLUDED IN THE SPIRIT NEST PRICE?                               | YES<br><input type="checkbox"/>            | NO<br><input checked="" type="checkbox"/> |
| 07 | IS A SPIRIT NEST A DEDICATED INVESTMENT AND COMMITMENT TO MY WRITING?        | YES<br><input checked="" type="checkbox"/> | NO<br><input type="checkbox"/>            |
| 08 | IS THERE MASTERMIND SUPPORT BEFORE AND AFTER MY SPIRIT NEST?                 | YES<br><input checked="" type="checkbox"/> | NO<br><input type="checkbox"/>            |
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BOOKING YOUR SPIRIT NEST IN FRANCE

# NEST PROCESS

STEP BY STEP PROCESS FROM APPLICATION TO ARRIVAL

01

## STEP ONE

EMAIL TO BOOK A SYNERGY CALL TO SEE AND RECEIVE A QUESTIONNAIRE TO SEE IF A SPIRIT NEST IS THE PERFECT FIT FOR YOUR WORK

02

## STEP TWO

IF A SPIRIT NEST IS THE RIGHT SYNERGY BOOK YOUR PREFERRED NEST DATES AND PAYMENT IN FULL

03

## STEP THREE

BOOK YOUR FLIGHTS AND | OR TRAVEL ARRANGEMENTS TO THE SOUTH OF FRANCE. NEAREST AIRPORT TO THE VILLA IS NICE | COTE D'AZUR AIRPORT | FRANCE

04

## STEP FOUR

YOUR SPIRIT NEST WILL BEGIN WITH YOUR FIRST MASTERMIND CALL B\W 1 MONTH AND 2 WEEKS BEFORE YOU ARRIVE IN FRANCE

05

## STEP FIVE

ARRIVAL! OUR SPIRIT NEST AWAITS. CONGRATULATIONS ON AN INCREDIBLE INVESTMENT INTO YOURSELF & YOUR WORK.



INFO ON OFFERINGS & INVESTMENT

# NEST INVESTMENT

READ THE Q&A AND PROCESS STEPS TO HELP DECIDE  
IF A SPIRIT NEST IS YOUR NEXT BEST DECISION



## 1:1 OFFERING - FROM €1500

Tailored writing sessions via zoom  
Project focussed + deadline oriented  
Workshop sessions

COPY WRITING SERVICES PRICED P|MTH



## IN PERSON | IN FRANCE RETREATS

### 2 DAY SPIRIT NEST - €2900

2 nights  
Accommodation in luxury villa -  
St Paul de Vence  
Bespoke craft sessions  
Private, guided sessions  
Breakfast | private room with  
ensuite | desk & terrace area



### 5 DAY SPIRIT NEST - €5070

5 nights  
Accommodation in luxury villa -  
St Paul de Vence  
Bespoke craft sessions  
Private, guided sessions  
Breakfast | private room with  
ensuite | desk & terrace area  
Welcome and farewell dinner





